THE STORY OF THE BUILDER

# İnanç Sümbüloğlu

**1981**

Born to a winter day in Ankara...

**1990**

Primary school: I have a question for the headmaster: 'May I found a "Lambada Group in School"?

**1992**

Secondary school: I have a question for my mum: "May I collect signatures in order to prevent violence against children in Kızılay during the weekend?"

**1993**

Secondary school: I have a question for the headmaster: "May I found a school radio channel?"

**1997**

Kabataş High School, Theatre Club: Socrates' Defense.

**1998**

Kabataş High School, School Magazine: "Have you read my article in the magazine?"

**2004**

Hacettepe University, Department of Psychology: Group Psychotherapy lectures:"Who am I?"

**2006 - 2014**

Dr. Abdülkadir Özbek Psychodrama Institute: Psychodrama Training Process, 'Self-reconstruction is possible...'

**2010-2014**

Istanbul Bilgi University, Clinical Psychology Master's Degree Program,'To become a psychotherapist...'

**2010**

Co-founder of Çatı Psychological Counselling and Training Center

**2012**

Founding Member of Oyun Terapileri Derneği (Association of Play Therapies), "Me as the Player..."

**2012-2014**

Kadir Has University, Theatre Department; Improvisation Lectures: "Psychodrama studies with candidate performers..."

**2013**

BirİZ Association for Individual Human and Mental Health: Founding Member, "Birth of the concept of Community Mental Health in my mind..."

**2016 - 2018**

Istanbul Bilgi University, Dance Therapy Certification Program; 'Starting to reflect on body memory...'

**2017**

Istanbul Faculty of Medicine: Visiting Professor for Community Mental Health Lectures

**2017**

Koç University, Guest Student of Department of Sociology; "Being a student again..."

**2017**

Founder of Çatı Atölye; "Can I bring all components of my personal history together under the same roof? Theater, literature, dance and psychotherapy..."

**2018**

Marmara University Medical Faculty Medical Education PhD Candidate "Knowledge grows when shared"

**2018**

Berlin Sociodrama Academy "Psychodrama scenes meet their social components"

**2019**

Istanbul Medical Faculty: Body Awareness Classes "It is a small step for the faculty but a revolutionary class for me"

**2020**

PHD Candidate "Even if you pass the exam, the journey to become a medical trainer continues"

**2021**

One step closer to Moreno... Being a member of FEPTO executive council and co-chair of the Research Committee

**2021**

Group Psychotherapies Certificate Program and Master's Course: While my dream came true..

**2023**

Becoming a certified psychodrama trainer – a unanimous decision. Now stepping into the next chapter: supervising psychodrama theses. Let the journey begin.

**2025**

On the Journey to Becoming a Medical Educator… Exploring how a Somatic Experiencing Program transforms medical students' ways of listening – to themselves, to their own bodies, and to others – through participatory action research.

**2025**

Becoming an official collaborator of Topos.thesi Centre for the Study and Application of Psychodrama and Sociodrama. To teach psychodrama research to trainees.